

Monday - Saturday, 8 am - 6 pm Sunday, 9 am - 5 pm



End of Summer Sizzle Sale! |September 4-6 30% OFF FALL GIFTWARE & DECOR **ALL MUMS - BUY 2, GET 1 FREE**

...September days are here, With summer's best of weather, And autumn's best of cheer. ~Helen Hunt Jackson

What a summer! Perfect weather for people, not so much for plants. You know it's been perfect weather when you crave a rainy day just so you can stay inside and do nothing...it's been exhausting never having the rain as an excuse. Well the plants are exhausted too. For you gardeners who are in tune- your plants do appreciate the deep morning watering that helps them make it through the next few days until you do it again. The cooler late summer/autumn temperatures are coming and hopefully some rain to give relief to plants and gardeners alike.

With the crisp air and low humidity come great conditions for planting. Late summer and fall are great times to fill in your garden with trees, shrubs, perennials and spring bulbs. There really is nothing more rewarding than planting these plants in the fall and then waiting through the winter to see the show they put on in the spring. Plants that are planted in the fall get a chance to root in better and are more prepared for the spring flush.

Of course the favorite activity of this coming season is decorating for it. We have our home grown hardy mums, ornamental grasses, peppers, cabbage, kale, pansies and so much more. The pumpkins, straw bales, Indian corn, corn stalks and gourds provide that exclamation point! We make it easy with our Front porch and Lamp post editions of our famous Harvest Special- all you need to decorate your home.

We also have opportunities for you and your kids to make your own autumn container gardens, fall decorations, and learn about gardening- see our class schedule inside. The kids will love the activities and hayrides...all without a long drive!

So you can see it's a fun time of the year...but all at a nice pace. Come on in and enjoy the harvest that this season brings.

I love the fall...see you soon,

















Learn Something ~ Make Something ~ Have Fun



LONGWOOD GARDENS

Annual Bus Trip Tuesday, December 8 at 7 am

\$79.99 per person Seats Limited - Call to Register Beautiful Holiday Décor Holiday Sing A Long **Outdoor Spectacular Fountains**

Registration Required either by phone at 631.472.0014 or in person during business hours

SIMPINMOBIMR

EVERLASTING AUTUMN WREATH

<u>September 12th at 10 am</u> \$45.00 material fee. Using natural, dyed materials, a grape vine wreath and your artistic vision, you'll create your own everlasting beauty for your entry or home interior.

AUTUMN FLOWERING PORCH POTS

September 26th at 10 am \$45.00 material fee, Take the ordinary to Extraordinary. Refresh your entryway or back deck with a fall container garden that will look great throughout the season. This class will include the container, soil, time-release fertilizer, fall blooming plants, instruction and we do the cleanup!

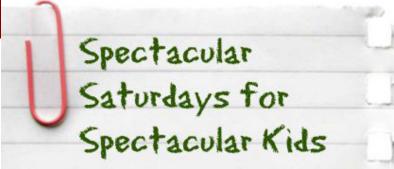
SPRING BULB LASAGNA October 3th at 10 am \$45.00 material fee, Learn to layer bulbs for a wonderful spring container display. Technique can also be used in your home flower beds.

PUTTING YOUR GARDEN TO BED - A BEDTIME GARDEN STORY! October 10th at 10 am FREE OF CHARGE Donuts & Java for all! Our tips, tricks, secrets and more of Fall Gardening which will lead to your best Spring Garden ever!

AUTUMN FAIRY GARDEN October 17th at 10 am \$45.00 material fee. Using indoor plants, natural materials, and a sprinkle of pixie dust, create a beautiful & magical fairy garden celebrating Autumn.

PUMPKIN SUCCULENT CENTERPIECE

October 24th at 10 am \$60.00 material fee. Using beautiful succulents, we'll be creating a living masterpiece in a real pumpkin! Perfect for Halloween and then as a indoor planting for the holidays.





Classes begin at 3:30 pm. Class fee includes the class & activity, **Hayride**, Spooky Walk, & Halloween Maze



Registration Required to ensure we've got enough supplies for everyone.





FALL IS FANTASTIC FOR PLANTING!

Here's some inspiration....

Summer is winding down, school buses are back on the road and cooler days are ahead. It's the PERECT time for planting and we've got EVERYTHING you need!











Wedding Ring

Boxwood

Faster Grower!

A Golden Beauty In Any Landscape

Fall Harvest Vegetablest

Kale-Spinach-Lettuce **Broccoli-Swiss Chard**

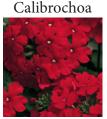
Extend your veggie garden growing season this year with a second season crop! Enjoy fresh, home grown vegetables into the fall and winter season. You'll find it a bit easier to garden due to fewer pests and cooler temps. You'll also get the bonus of having a "cover crop" which will work organically to build and protect your soil.





Cool Weather Pansies Migh (tolor

Perfect For Both Beds & Containers!





BFH Home Grown Mums! All Sizes Including our **NEW for 2015**

16" Bushel Basket!

Bayport Flower Houses' Home Grown mums are bred for strong but flexible stems and long flower life. We plant our the mum crop in June and nuture them throughout the summer to ensure healthy and beautiful plants. These mums are loaded with blooms, in both traditional and unique colors, on well-rounded plants. They are great for adding color in your landscape during the cool days of autumn. We offer early, mid, and late bloomers to keep you covered throughout fall! We're pleased to offer tri-color options this year for a unique look as well as our hand-decorated Mum Baskets, which make a lovely gift.

Melissa's Marvelous Mum Tips

- ~Mums are a low maintenance and easy to grow plant for fall. They grow best in full sun location.
- ~Avoid planting in excessively hot weather.
- ~Mature plants should be planted far enough apart so the foliage does not touch. This will also prevent mildew by ensuring optimal air circulation
- ~Mums can to be "pinched back" to encourage bushiness and optimal flowering. Pinch just below the spent bloom.
- ~Plant at same soil level as original container and water in thoroughly. Mulch well in late fall.
- ~Mums bloom in response to the shorter days and longer nights of fall.
- ~Normal rainfall is usually sufficient for mums but note that soil should never completely dry out. Water as needed to keep from wilting. If mums are planted in containers, they should be watered by hand.

SPRING

Re-blooming Iris varieties have been bred to produce bloom stalks more than once a year, first in spring and then again in late summer or fall

Large Selection of Deer Resistant Bulbs such as Daffodils, Hyacinth and Allium. And don't forget the Snowdrops, Dutch Master Daffodils and Flaming Parrot Tulips



Cool Weather Autumn Annuals





Tips for fall planting/spring blooming bulbs

- 1. Flower bulbs make the most striking display if you plant them in large groups. A large clump of one color attracts more attention than if you plant just a few here and there.
- 2. Build a barrier using finely meshed netting or chicken wire laid around the border with the edges tucked into the soil. This will prevent any damage by squirrels or rodents.
- 3. A fertilizing program helps bulbs stay healthy after they bloom their first year. Add compost or manure to enrich the soil and organic supplements to nourish your bulbs. Bulb Tone is the best!
- 4. If fading foliage makes you want to tear your tulips (and your hair) out, don't! Try disguising the decaying leaves by interplanting annuals or perennials such as ferns and hostas.
- 5. Planting bulbs where water puddles is a sure way to have a disappointing spring. Hollows, low spots, under drain spouts and other soggy locations will cause bulbs to rot.



Live Lik [live colorfully]

- 1. Shake it up. Do something unpredictable. Skydive, take ballroom dancing lessons, drive a race car, learn how to sail, paint the living room a wild color, hang flowers from the chandelier... try something completely new and you'll feel new!
- 2. Make it simple. Keep the people that make your life better on speed dial; your hair stylist, your florist, your dog walker, your baby sitter. Call on the pros and trust them to make your life simple and sweet.
- 3. Good morning sunshine. Start and end your day in a color that makes your heart smile, one that creates a key to your haven. Choose a bedding color that you love, and wrap yourself in a smile every day. On your night-stand, fill a vase with flowers in your favorite color. A Harvard study shows that while people tend to feel least positive in the early hours, they reported feeling happier and more energetic after looking at flowers first thing in the morning.
- 4. Ignore your "normal." To brighten your day, get bold. Instead of the usual black tights, try colored leggings in your favorite color. Swap out the typical black boots for vibrant pumps. Find a new style one piece at a time.
- 5. Make a statement. Share the things you love with the world. Create your own signature brand by choosing a favorite flower and always have them on your desk, or be known for your cool hairstyles and hair accessories. Do both and pin your favorite flower in your hair.
- 6. Spread Smiles. Show your thoughtful and creative side by giving your work mates flowers that you think represents them. Flowers make the boss smile too! According to a Texas A&M study, productivity, innovation and creative problem solving improve when flowers and plants are in the workplace.

- soak up the sun
- 1. Uplift with orange. Color therapists say colors really do affect our moods. The happiest color? Orange. It promotes optimism, enthusiasm, and a sense of uplift. Choose orange flowers roses, gerberas, lilies, ranunculus, alstroemeria, tulips to put on your desk and see your mood soar.
- 2. Music is a very powerful happiness creator. Choose songs that make you feel good, whether that's through inspiring lyrics or the rhythm. Want to boost your mood even more? Singing has been shown to be a great way to lift your spirits, lower blood pressure, and decrease depression. Get your family or roommates involved in the fun. If you're self-conscious, sing in the car when you're alone.
- 3. Follow the happiness path. Research has shown that there are two routes to happiness. One is doing something that you feel is personally meaningful, such as volunteering in your community or seeing a friend through a tough time. The other is indulging in simple pleasures, such as relishing in the feel of your dog's fur, taking a luxurious hot bath, or treating yourself to flowers or a blooming plant. But who says you have to choose one over the other? The more you fold both into your life, the more joyful you'll be.
- 4. Do one little thing that's been nagging you. Procrastination is a happiness killer. Usually it takes less energy to do whatever it is than to worry about not doing it. The pile of files, the email you need to return, the appointment you need to make ... just do one thing and you'll feel absolutely great!
- 5. Spread happiness to others. Acts of kindness benefit both the receiver and the giver. So spread the love around and you'll feel good too. Research from Rutgers University shows that a gift of flowers creates instant delight and increases enjoyment and life satisfaction. Study participants expressed "true" smiles upon receiving flowers. Send flowers to a friend, just because, and watch the happiness prevail.

- [grow roots]
- 1. Ask people to tell their stories. Everyone has a story, full of both heartbreak and triumph, but we can't see their story just by looking at them. Asking people to share allows you to find common ground even when all you see externally are differences.
- 2. Be real. We have been trained to broadcast our successes and hide our failures. But the truth is this: our failures humanize us, and they connect us to one another. Being truthful about both sides of your story will help you form more honest connections with those you love and admire.
- 3. Embrace your elders. Show love and respect to your grandparents and aging neighbors. Talk to them often. Send a letter or card. Help them with chores or errands. Or really make them smile with flowers, which have been shown by a Rutgers University study to ease depression, inspire socialization and refresh memory as we grow older.
- 4. Make yourself useful. Everyone has something to give, no matter how much (or little) time you have. Find an organization that inspires you and make a difference while also meeting people that care about the world in the same way you do.
- 5. Do what you love to do. Figure out what you love to do, and then go do it! Take a flower arranging class at your local florist or join a local sports league. You'll meet people that share your interests, whether they are reading, running, flowers, music and more.
- 6. Ask for help. Don't be afraid to ask humbly, genuinely, for help when you need it. People want to help one another; sometimes we just forget to ask. Becoming vulnerable and admitting we can't do everything on our own is another way to deepen relationships. Say thank you with flowers, a plant, or another heartfelt expression of gratitude.

This is part of the *Live Like A Flower* series For more information

visit www.aboutflowers.com



