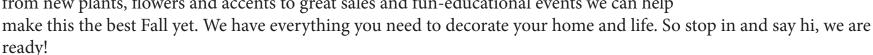


### Autumn is a second spring when every leaf is a flower. Albert Camus

I couldn't imagine living somewhere that did not have seasons. For me, there is always great anticipation for the coming season as I get weary of the one I am in. A touch of cool air and my mind quickly dreams of fall, leaving behind the hot and humid days of this summer we have had. Make no mistake, in January, I will think back to those wonderful hot and humid days of summer and long for them. This is what keeps it all fresh…it's a cycle I know but there is always excitement. This Fall Bayport Flower Houses is exciting-from new plants, flowers and accents to great sales and fun-educational events we can help



This is our 84th Autumn in business...let's make it special. All the best! ~Karl **Lamppost Edition!** Includes: Three (3) Home-Grown Mums Two (2) Decorated Cornstalk ~ Large Pumpkin Front Porch Edition! Includes: Three (3) Home-Grown Mums, Two (2) Decorated Cornstalks n Corn ~ Large Pumpkin ~ Straw \$54.99 Did You Know? ~You can order our Harvest Special online! ~Harvest Specials can be delivered! The Harvest Special makes a great gift!



Autumn Gardening Hours
Monday - Saturday, 8 am - 6 pm Sunday, 9 am - 5 pm



Advanced Registration Required for all classes either by phone at 631.472.0014 or in person during business hours

### SIMPINMOBINE

#### PERENNIALS FOR THE FALL

<u>September 10<sup>th</sup> at 10 am</u> free of charge - discount on perennials for attendees. Fall is for Planting - that's a fact! But we usually think about trees and shrubs! How about touching up your Perennial Garden this fall! New varieties and planting and care techniques!

#### **AUTUMN FLOWERING PORCH POTS**

<u>September 17<sup>th</sup> at 10 am</u> \$45.00 material fee, Take the ordinary to Extraordinary. Refresh your entryway or back deck with a fall container garden that will look great throughout the season. This class will include the container, soil, time- release fertilizer, fall blooming plants, instruction and we do the cleanup!

### **AUTUMN FLOWERS**

<u>September 24<sup>th</sup> at 10 am</u> \$45.00 material fee. We'll combine the richness of Autumn colors with a touch of Summer to celebrate the transition of the seasons. Fresh flowers with a touch of dried, designed in a classic wooden container.

### OOTOBER

### **BOTANICAL LATIN BINGO**

October 1st at 10 am \$10.00 fee. Let's LEARN some Latin! BOTAN-ICAL LATIN that is! And win some prizes while you're at it! Our *Latin Master* Karl will teach us the basics and why it's relevant to gardening. Then you'll put your new skills to use playing a good, old fashioned game of BINGO!

### PUTTING YOUR GARDEN TO BED - A BEDTIME GARDEN STORY!

October 8<sup>th</sup> at 10 am FREE OF CHARGE Donuts & Java for all! Our tips, tricks, secrets and more of Fall Gardening which will lead to your best Spring Garden ever!

### HALLOWEEN FLOWER CENTERPIECE

October 15<sup>th</sup> at 10 am \$45.00 material fee. Using beautiful the colors of Autumn, we'll be designing a festive arrangement in a real pumpkin! Perfect for the Halloween Table!

BAYPORT BLUE POINT CHAMBER OF COMMERCE - BUSINESS EXPO! October 19th from 4 p - 8 p

Did You Know...That we take our 'show' on the road? We are available for talks on gardening, flower arranging and anything else horticultural! Give us a call for your next meeting - or school group - we'll be sure to grow on you. Our kid's classes are also available to groups during the week. Contact Amy at *marketing@bayportflower.com* 



All Kids' Classes begin at 3:30 pm.

### Each Class is \$15 per child

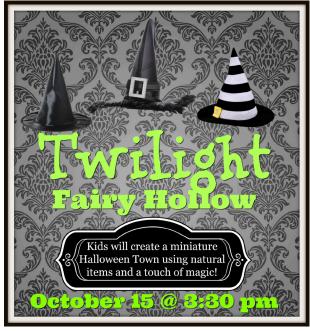
Class fee includes the class & activity, **Hayride**, Spooky Walk

& Halloween Maze













- 1. Rethink order and beauty. Embrace order as a gateway to beauty. (It's hard to enjoy aesthetics in the midst of chaos.) Train your mind that organizing your life and belongings is not a chore; it's an investment in a lovely life.
- 2. Repurpose old things to new life. Rescue vintage buckets from the corners of your garage and shapely jars from your recycle bin or canning supplies, and turn them into vessels for flowers, pencils, or utensils. Bringing yesteryear into today provides comfort through nostalgia and conveys simpler times in today's busy world.
- 3. Re-envision your space. Arrange your home or work-place around centers of activity and community (instead of by sterile rooms). Create a homework zone, a reading nook, a crafting nest, a creativity wall, or a workout niche. Make room for the things you love and create a refueling or reconnecting space. Incorporate flowers and plants in these areas. As well as beautifying and updating your living space, flowers boost emotional health. Harvard research proves people feel more compassionate toward others, have less worry and anxiety, and feel less depressed when flowers are present in the home.
- 4. Rehab your mind. Change in our natural environment or habits begins with a change of thinking. Make a list of the beautiful, lovely, praiseworthy things you can think about and post it near your sink. What we think about, we become.
- 5. Rejuvenate your senses. Take a break from the busyness of life and treat yourself to a visit to a relaxing spa, botanical garden, lavender field, or local flower shop. Surrounding yourself with the sounds, scents, and beauty of nature invites us to engage our senses, slow down, breathe and experience peace.
- 6. Refuse to dichotomize. Trade up from balance to integration. A completely balanced life is impossible and requires constant reallocation of time. An integrated life is one where we intentionally break down separations and blend our personal, professional, spiritual, and emotional lives together. An integrated life is a beautiful display of peace in an out-of-control world.

# Live Like A Flower



1. Know what makes your heart happy and do that. Make choices in your relationships, career, home and lifestyle to meet your personal expectations, rather than those of outside forces. One great way to reconnect with joy is to surround yourself with

simple things that make you feel happy and loved, like a colorful bunch of flowers or a blooming plant. Flowers have power to open hearts, and when your heart is open you are more likely to do things that make you happy.

- 2. Follow your inner wisdom, not conventional wisdom. Living an authentic life means living life by what feel is right to you, even if it differs from the norm. Be willing to listen to your inner wisdom—that intuitive, gut feeling—even if it is contrary to rational thought. People who live great lives take risks and live outside the prescribed box of conventional wisdom. They are willing to be different, because they are willing to be themselves.
- 3. Stay true to yourself, even if that means disappointing another. Be a best friend to yourself by taking actions that are best for you. Sometimes you will disappoint others, but ultimately if you stay true to yourself, you'll almost always end up in a better scenario. In the event another person is disappointed, send them a small but mighty token of your love, such as flowers to brighten their day and remind them you adore them.
- 4. Be willing to make a mistake, but don't beat yourself up about it. It can be hard to admit you've made a mistake. Give yourself some love by saying the same words you would tell a best friend in this situation, "You are doing the best that you can, and it's enough." Then do something loving for yourself, an action that you would only usually take for someone else to cheer them up, like sending yourself flowers. When they arrive, you will receive a huge boost of love, and your heart will open up ... to yourself.



- 1. Receive the rain. Look at life's circumstances— not as inconveniences or intrusions—but as enrichment to your soil. Even the tough stuff can bring growth, and even beauty, to your life. Determine to always become better, not bitter.
- 2. Refine your transi-

tions. Make your transitions stress-free: give attention to your going-and-coming spaces. Set up a mudroom or hallway where coats, boots, gloves, keys and sunglasses can be easily placed for grab-and-go ease, and welcoming and orderly returns. Display flowers and plants in the area to greet you and help keep clutter at bay.

- 3. Reconsider your remnants. Pause to enjoy (and even photograph) the overlooked, dirty, or disruptive things, instead of perceiving a nuisance. Snap a mental or actual picture of the muddy boots by the front door, the dishes piled up, the toys lurking under the couch. Remember that these are actually evidence of what we DO have the beautiful blessings of today.
- 4. Refuse the daily grind. Infuse your busy life with little pleasures that invite you to breathe in the sweet joys that no circumstance can steal. Take the doors off your kitchen cabinets so you can behold your pretty dishes, add a small vase of flowers in the kitchen or laundry room, tuck love notes inside your spouse's pocket.
- 5. Reclaim your priorities. Prioritize your life around that which matters most. Resolve to live with no regrets by putting first the relationships and moments that count. And, like a flower, you will be happier living when the rain comes; you will have the roots and support system to weather the storm and rebound resiliently.

This is part of the *Live Like A Flower* series For more information

visit www.aboutflowers.com







### **SEPTEMBER 2016 ONLY**

## \$10 Off

Your In-Store Purchase of \$35 or more.

Not valid on Tent Sale items, Past Purchases, Harvest Specials, Gift Certificates or Custom Work. In-stock items only

Valid 9/1/16 - 9/30/16 ONLY

sku: NLS164

# 40% Off

# ONE ITEM

Coupon not to exceed \$50.

Not valid on Sale Items,
Past Purchases, Harvest Specials,
Gift Certificates or Custom Work.
In-stock items only

Valid 10/1/16 - 10/31/16 ONLY sku: NLS165



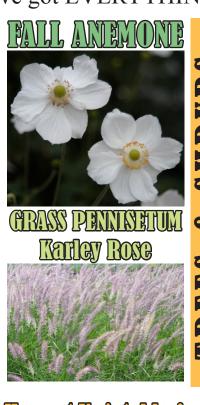




### FALL IS FANTASTIC FOR PLAN

Summer is winding down, school buses are back on the road and cooler days are ahead. It's the PERECT time for planting and we've got EVERYTHING you need!

P E R D

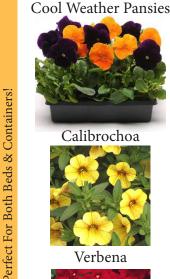






Ilex verticillata 'Red Sprite' Red Sprite Winterberry





Annuals

Autumn

Cool Weather



Verbena



### **Hanging Baskets!**

**BFH Home Grown Mums!** 

All Sizes Including our

**NEW for 2016** 

Home Grown

**Fall Mums** 

A very popular plant for late season color is fall mums, also called "Garden mums" or "Hardy mums". Fall mums were once known as Chrysanthemums, but taxonomists have recently changed their botanical name to Dendranthema x grandiflora. Fall mums are available in a wide selection of colors, flower types, shapes and sizes. They are a low maintenance, easy to grow plant that can be kept in containers or grown in beds. They are drought resistant and generally free of insect and disease pests.

### **PLANTING**

Most fall mums are purchased and planted from late August into September. They prefer to be planted in an area that receives full sun, but most cultivars can get by with a half day of direct sunshine. For ultimate growth, plant your new fall mums in fertile well- drained soil. Poorly drained soil is the leading cause of winter mortality. Young plants in small containers should be planted 18-24 inches apart. Mature plants can be planted at any desired spacing providing they are planted no closer than just touching their neighbor. Fall mums in containers need to be planted in the ground BEFORE the first hard frost! Mulch is a must!

### WATERING

Fall mums should never be allowed to wilt... especially newly transplanted plants. Check your mums every other day for watering until you become familiar with their needs, particularly during dry spells. Be sure to thoroughly water-in your new transplants.



### Kale-Spinach-LettuceBroccoli-Swiss Chard

Extend your veggie garden growing season this year with a second season crop! Enjoy fresh, home grown vegetables into the fall and winter season. You'll find it a bit easier to garden due to fewer pests and cooler temps. You'll also get the bonus of having a "cover crop" which will work organically to build and protect your soil.

### Don't Forget to Plant Spring Bulbs now!

New to planting bulbs? Need helpful guidance and tips to ensure beautiful blooms? We're Here To Help!



Fall planting bulbs are plant species that need to be planted in the ground in the fall before the first hard frost. Bulbs such as tulips, daffodils, narcissus, hyacinths, iris, allium, fritillaria, and scilla require a cold period in order to form roots, and based on lighting and warmth conditions will bloom in the spring.



Once the soil temperatures reach below 50° F (10° C) it's time to plant your spring flowering bulbs. Let the bright leaves of fall inspire you to imagine how beautiful your garden will look in the spring! Planting your bulbs in clusters is a great way to concentrate that color to really make your flower beds pop.



For an extra bright display, plant small bulbs like grape hyacinths in front of higher-growing bulbs like daffodils for a two-toned effect or mingle them all together for a colorful mix.





We've got a large selection of Deer Resistant bulbs such as Daffodils, Hyacinth and Allium. And don't forget the Snowdrops, Dutch Master Daffodils and Flaming Parrot Tulips. We've also got a great selection of small bulbs for Cemetery Plantings such as Crocus, Specie Tulips, Daffodils and Muscari (Grape Hyacinth)



Everyibing We Sell

